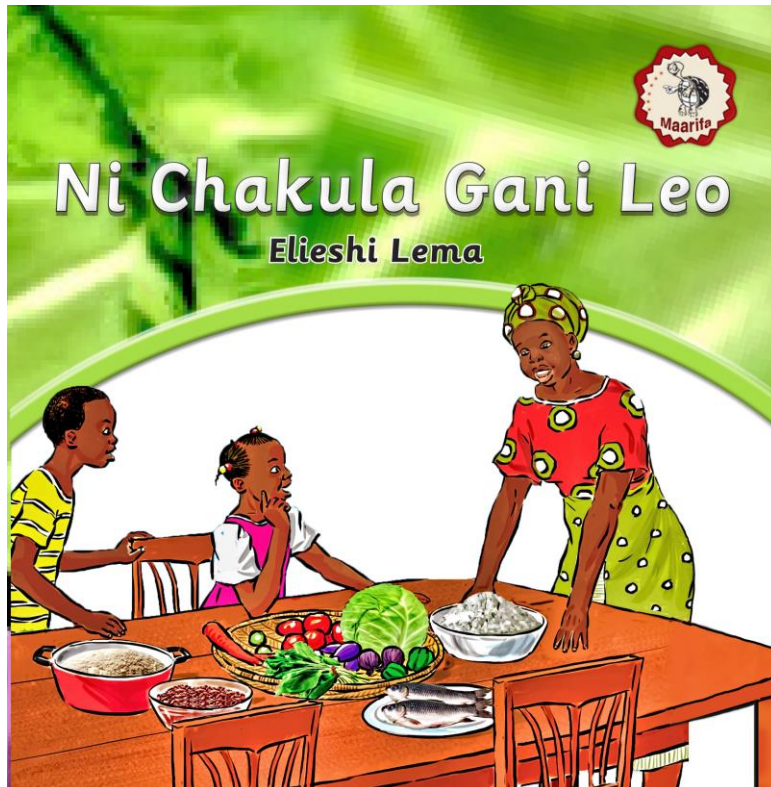




Sustainable Development Goals (SDGs) BOOK CLUB AFRICAN CHAPTER

KISWAHILI READING LIST: SDG 3 GOOD HEALTH AND WELLBEING (ORODHA YA KUSWAHILI YA KISWAHILI: SDG 3 AFYA BORA NA KUISHI)



Kichwa cha Kitabu (Book Title): Ni chakula Gani leo (What is food today?)

Mwandishi (Author): Elieshi Lema

Mchapishaji (Publisher): E&D Vision Publishing Ltd., Tanzania

Lugha (Language): Kiswahili

ISBN: 978-9987-735-74

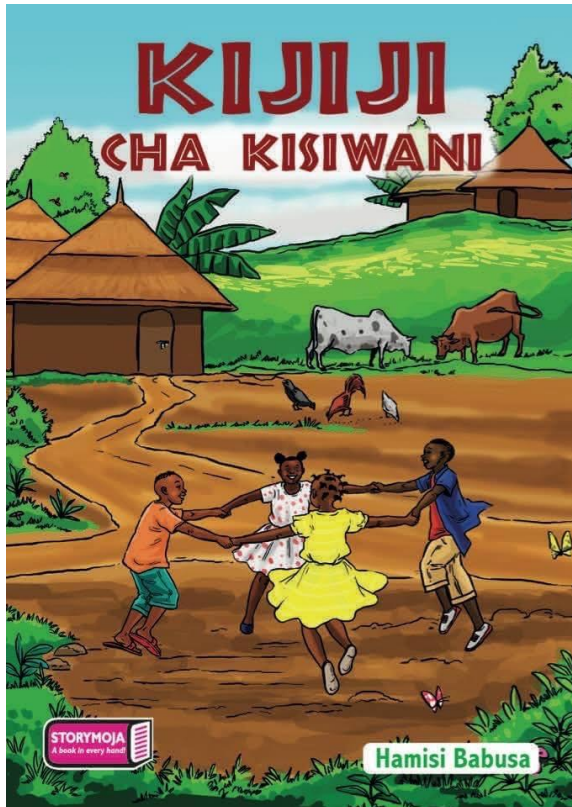
Maelezo ya kitabu na jinsi inavyofaa katika SDG (Description of the book and how it fits into the SDG)

Mpangilio wa maudhui katika kitabu hiki ni wa kimaarifa. Mtiririko wa maarifa haya umefanyiwa utafiti na kupangwa kwa njia nzuri ya kusimua ya kismulizi. Masimulizi yote yamefanyiwa utafiti wa kina kuhusu chakula, afya na ustawi. Upekee mwingine ni kichwa cha Habari cha kitabu hiki Ni Chakula Gani Leo?, kilicho katika mfumo wa wa swali na kinachochochea udadisi na kuamsha hari, ukizingatia chakula ni mojawapo ya kitu muhimu sana kwa binadamu. Upekee mwingine wa kitabu ni mpangilio wa kimantiki wa makundi mbali mbali ya chakula na taarifa zake na picha zake pamoja na mbinu za usimulizi zilizotumika kufikisha ujumbe. Upekee mwisho wa kitabu hiki ni mfumo wa maswali

unaokochea kukumbuka na kufikiri kwa kina juu ya maarifa yaliyopo katika kitabu na uhalisia.

The layout of the content in this book is informative. The flow of this knowledge has been researched and organized in a very interesting narrative way. All the stories have been thoroughly researched on food, health and well-being. Another highlight is the headline of this book *What Is Food Today?* which is in the form of a question and stimulates curiosity and excitement, considering food is one of the most important things for human beings. Another uniqueness of the book is the logical arrangement of the various food groups with its information and pictures as well as the narrative techniques used to convey the message. The uniqueness at the end of this book is a questionnaire that stimulates thinking and thinking deeply about the knowledge contained in the book and realism.

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Kichwa cha Kitabu (Book Title): Kijiji cha kisiwani

Mwandishi (Author): Hamisi Babusa

Mchapishaji (Publisher): Storymoja Publishers, Kenya

Lugha (Language): Kiswahili

Tovuti (Website): <https://storymojafrica.com/products/kijiji-cha-kisiwani>

ISBN: 978-9966-62-254-9

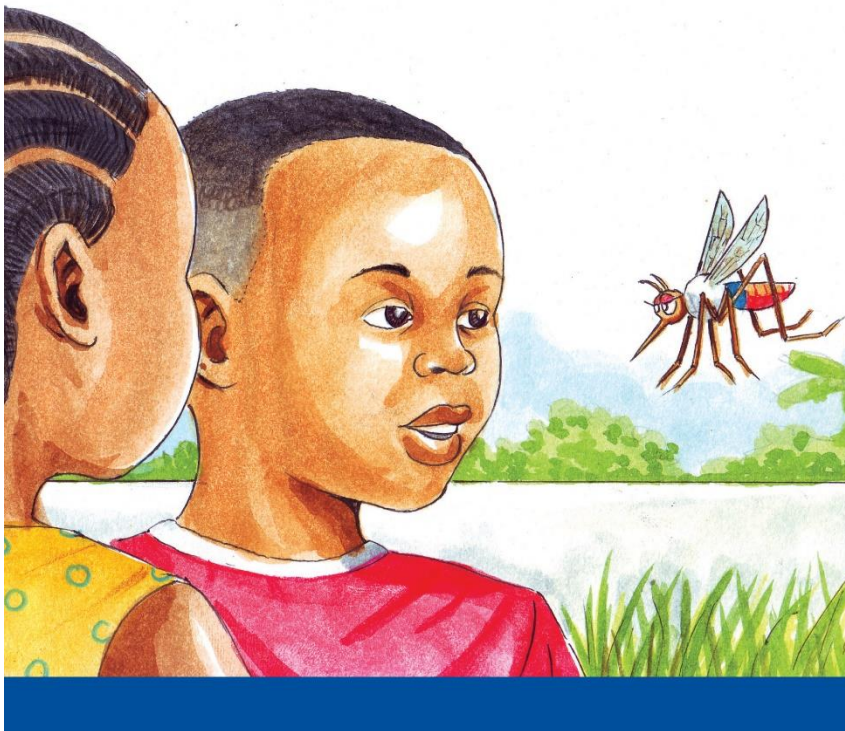
Kitabu hiki ni pekee kwa sababu mwandishi anatumia mbinu za ngano na mafasi kueleza jinsi watoto wanaweza kuhusika na magonjwa na dalili za magonjwa na jinsi ya kuwalinda watoto. Mwandishi ametumia ufundi bora kuwaita majina ya wazee. Hawa bikira wanashambulia watoto wa kijiji cha kisiwa hicho. Kitabu cha binti huenda kijijini kusaidia kijiji kupambana na wasichana na kuwafundisha jinsi ya kuwalinda watoto kugonjwa au kuondolewa na wasichana.

This book is unique because the author uses the wheat and fashion techniques to explain how children can be affected by diseases and symptoms of the diseases and how to protect children. The author has used a good technique to call old men names. These virgins are attacking the children of the village of the island. Daughter goes to the village to help the villages fight against the girls and teaches them how to protect the children from getting sick or removed by the girls.

Tamara

mbu mdogo

Collins Mdachi



Kichwa cha Kitabu (Book Title): Tamara mbu mdogo

Mwandishi (Author): Collins Mdachi

Mchapishaji (Publisher): Mathews Bookstore & Stationers, Tanzania

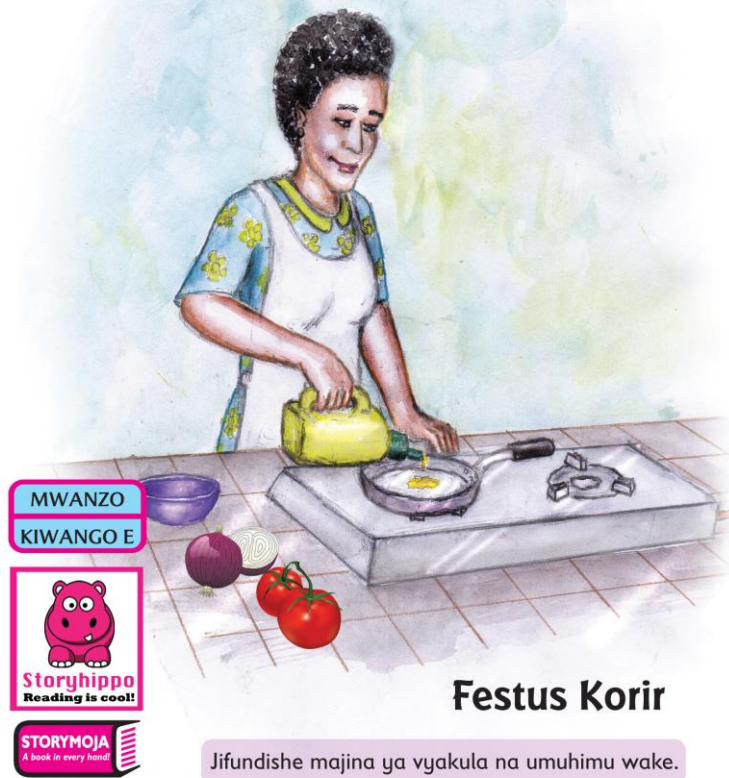
Lugha (Language): Kiswahili **Tovuti (Website):**

ISBN: 987-9987-602-61-2

TAMARA ni mbu mdogo. Haijui chochote juu ya maisha yao. Baadaye, ilielewa kwamba mbu wengi huuawa na mwanadamu, na kwamba binadamu pia hufa na Malaria kwa sababu yao. Katika mazungumzo yao na mama yake, Tamara anataka kuingiliana na urafiki na wanadamu kama mbwa au paka, ili iweze kupata tone kidogo la damu bila kuwaua.

TAMARA is a small mosquito. It does not know anything about their life. Later, it came to understand that many mosquitoes are killed by human being, and that human also die of Malaria because of them. In their conversation with its mother, Tamara wants to inter into friendship with human just like dogs or cats, so that it can get a small drop of blood without killing them.

Mama anipa chakula bora



MWANZO

KIWANGO E



Festus Korir

Jifundishe majina ya vyakula na umuhimu wake.

Kichwa cha Kitabu (Book Title): Mama anipa chakula bora

Mwandishi (Author): Festus Korir

Mchapishaji (Publisher): Storymoja Publishers, Kenya

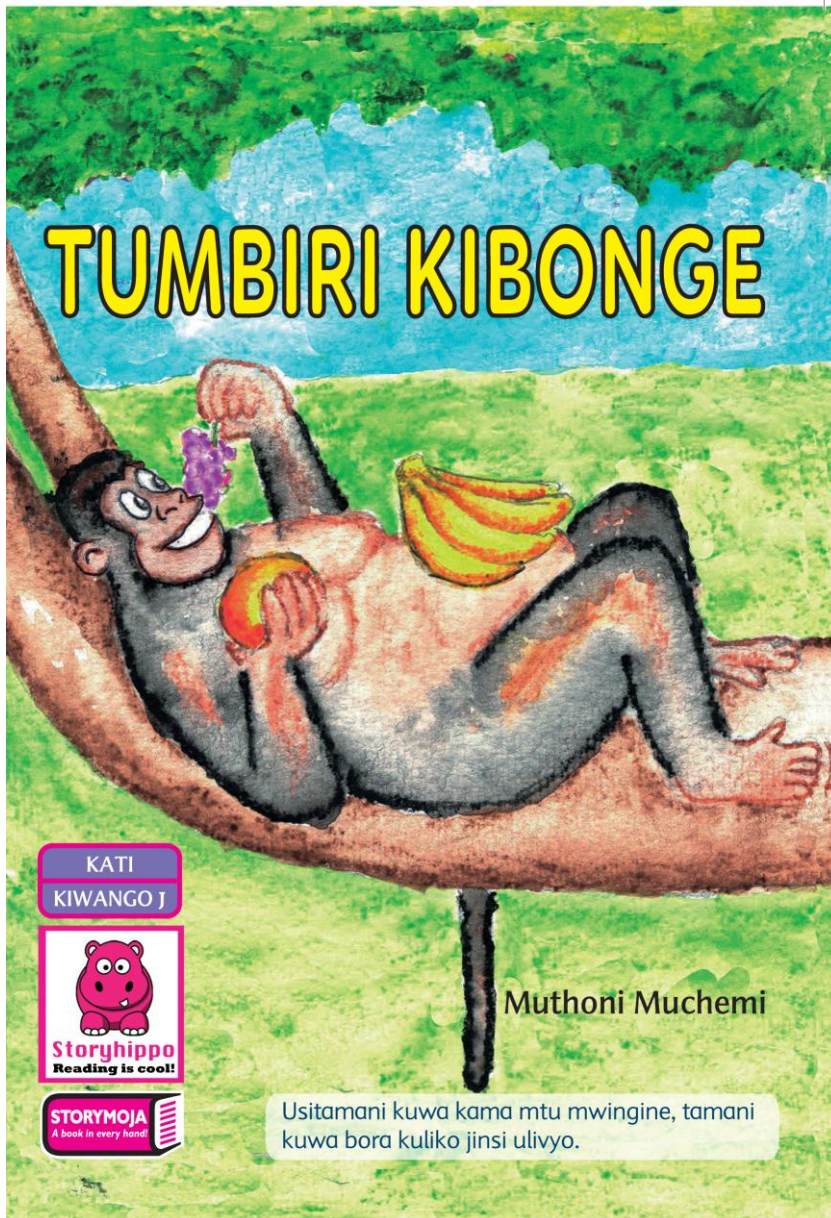
Lugha (Language): Kiswahili

Tovuti (Website): https://www.storymojafrica.com/products/mama-anipa-chakula-bora?_pos=2&_sid=476481e82&_ss=r

ISBN: 978 9966 62 051 4

Kitabu hiki kinamfundisha msomaji aina mbalimbali ya vyakula na umuhimu wake katika mwili. Inayo maneno rahisi yanayofaa kwa mwanafunzi wa kiwango hiki.

This book teaches the reader a variety of foods and their importance in the body. It contains simple words suitable for a student of this level.



Kichwa cha Kitabu (Book Title): Tumbiri Kibonge

Mwandishi (Author): Muthoni Muchemi **Mchoraji (Illustrator):** Abel Murumba

Mchapishaji (Publisher): Storymoja Publishers, Kenya

Lugha (Language): Kiswahili

Tovuti (Website): https://www.storymojafrica.com/products/tumbiri-kibonge?_pos=1&_sid=29c76aef7&_ss=r

ISBN: 978 9966 62 075 0

Kitabu hiki kinahusu Tumbiri mzembe ambaye hula kupita kiasi. Ananenepa na kuanza kuugua mara kwa mara. Ndege wawili wanamwokoza kwa kumtibu kwa njia shesheli katika kliniki zao. Kliniki hizi zinapatikana kwenye miti mbalimbali kwa hivyo inamlazimu Tumbiri kutembea sehemu mbalimbali. Mazoezi haya yanairejesha afya yake na kumfanya mzima tena.

This book is about a careless monkey that eats too much. She gets fat and starts to get sick from time to time. Two birds are rescuing her by treating her in a special way at their clinics. These

clinics are found in a variety of trees so the monkey has to walk to different places. This exercise restores his health and makes him well again.